



'I CAN SPARK' OFFICIAL PASSPORT

Passport Card No.
123-SPARK4LIFE

Issued On (Write Today's Date):

Glue picture of you here.

Full Name:

Where do you live? City, State, and Country:

Age:

Birthday:

What makes you smile?

What school do you go to?

What is your favorite school subject?

What are your hobbies?

What is your favorite thing to do with your family?

**This Passport Expires: Never!!!
YOU CAN SPARK FOREVER**

SPARK PASSPORT Guidelines: We are so glad you decided to be a part of our SPARK Passport Video Series. You will go on adventures with Kahri and Susi around the world and learn important life lessons along the way. This SPARK Passport Printable will give you the chance to share your thoughts about the lessons you'll encounter when watching our videos. So be sure to tune in to our videos at icanpark.com and watch the videos before sharing your passport thoughts. This is a really great activity to do with your parent or older sibling or good friend. You'll find that together you can discover new things about yourself and the people you love the most!!! So pack your bags, grab your SPARK passport, and join us for the adventure!

"I can SPARK! I can SHINE! Healthy Body, Heart, and Mind!!!"



This SPARK PASSPORT JOURNAL belongs to _____.

SPARK Around the World with Kahri and Susi

The Eiffel Tower in Paris, France

'Your Ideas and Dreams Are Important. Don't Be Afraid to Share What You're Made Of!'

What's it all about?!

Gustave Eiffel is the architect who designed the Eiffel Tower in Paris for the World Fair in 1889. Many people, including top artists and architects, criticized Gustave's design. But Gustave believed in his vision and did not give up. Now the Eiffel Tower is one of the most recognized structures in the world!

What about YOU?!

What are your talents?

What are your big ideas/big dreams?

Do you ever feel discouraged?

When you get discouraged, how can you remind yourself that your ideas matter?

I Can
Spark
Where kids come alive and learn to thrive



Always Remember:

Just like Gustave Eiffel, you will meet people who don't understand your ideas or don't believe in your dreams. Don't give up!!! There is no one else who has your mind, your creative ideas, and your dreams. The world needs to see what YOU are made of!!! And who knows... someday your dreams might have you soaring as high as the Eiffel Tower!

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SPARK Around the World with Kahri and Susi

Buckingham Palace in London, England

"The GREATNESS in YOU that makes you ROYAL"

What's it all about?!

Buckingham Palace, home of the Queen of England! We all have had dreams of being 'royal'... Dressing as princes or princesses in fancy clothes, ruling over a kingdom, and being admired by all. Royalty means 'born from greatness to rule over and care for the people in your kingdom'. So in a way, we are all really Princes and Princesses! We are all born for our own greatness. And we were all born to care for the people in our community... our family and friends... our kingdom!

What about YOU?!

Who are the people in your kingdom? (Friends, family, relatives)

How do you help care for the people in your kingdom?

What makes a person 'great'? Does 'greatness' come from having fancy clothes or being kind?

Where kids come alive and learn to thrive

When you are kind, helpful, and share your talents, do you think that shows the 'greatness' you were created for?

Always Remember:

Every morning when you wake up, remember that you were made to help the people in your life. Your family, friends, and neighbors are the people in your Kingdom. So put on your invisible crown, and remember... You are made from greatness to care for the people in your Kingdom. YOU ARE ROYAL!



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SPARK Around the World with Kahri and Susi

Halakalea, 'The House of the Sun', in Maui, Hawaii

'Sometimes we make sacrifices for the people we love. That's what makes love so special'

What's it all about?!

Haleakala is a National Park in Maui, Hawai'i. Haleakala is Hawaiian for 'House of the Sun' because of its amazing sunrises. But the challenge is that you must wake at 4:00am to drive to the top of the dormant volcano's summit to actually catch the sun rising. In this video, Kahri was not super happy about the early rising and the cold temperatures at the top of the mountain. But she did it... and with a smile... because she knew it was important to her dad. And in the end, she had an experience of a lifetime. Sometimes we make positive sacrifices for the people we love, and by doing so, we discover how strong and beautiful love really is! And just like the reward of seeing the most amazing sunrise ever and the biggest smile on her dad's face, when we work hard and stay committed to something important, we are always rewarded.

What about YOU?!

What is something you've done for a family member or friend that you really didn't feel like doing but knew was important to them?

Do you think that person was happy that you made the extra effort?

Why do we do nice things for our friends and family even when it's difficult?

What is something nice that someone else has done for you recently to show their love for you?

Always Remember:

A quote of 'love' from the movie, *Frozen*:

Anna: 'Olaf, you're melting!'

Olaf: 'Some people are worth melting for!'

'ALOHA'

has many meanings:

1. Hello
2. Goodbye
3. Life's Breath
4. Sharing Life
5. LOVE

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SPARK Around the World with Kahri and Susi

Roman Ruins in Plovdiv, Bulgaria

'Your Family History Contributes to What Makes You So Special'

What's it all about?!

Plovdiv, Bulgaria? Never heard of it! Bulgaria is a country in Eastern Europe between Romania and Greece. Why is it special? For Kahri, it's special because that's where her father's family is from. Plovdiv, Bulgaria is a part of Kahri's family heritage. All of us have our own story... our own family history... our own family traditions... our own family heritage!

What about YOU?!

Where are your parents and grandparents from?

What languages do you speak in your home?

What special traditions and holidays do you celebrate?

What special foods does your family eat?

What features do you have that resemble your culture? What is your skin color, eye color, hair color? Do you have freckles or some other unique attributes that run in your family?



Always Remember:

Dr. Seuss says, 'Noone on Earth is youer than YOU!'. You're the only person who has your eyes, your hair, your skin, your family history, your traditions, your personality, your thoughts, and your talents!!! You are one of a kind! You are special!!!

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